



a program of the Carter Burden Network



On The Wall:

Karin Bruckner

March 21 - April 17, 2019

The Art Of Letting Go

We all know this process. We find ourselves stuck in a place, we agonize, we fear, we procrastinate and wait. We don't know how to resolve our discomfort and we wait. We brood, we delve into the darkness, hopelessness abounds. We wait. We wait for the right moment to present itself to make an attempt at moving on and ridding ourselves of paralysis. We seek to shed what we can no longer accept, to say No to what we no longer desire and look for the color and light to just be.

The viewer is invited to witness and experience the process of inner **Revolution** to temporary **Resolution** which ultimate can lead to **Reinvention** through repurposing.

Once we peel ourselves away from being pinned down we can begin to roll up the fabric of who we are and move forward a newfound lightness, begin to soar and take flight.

The End is the Beginning and the Beginning is the End.

The Entropy of Our Lives.

The constant Struggle of Chaos and Order.

This fragile exercise in Impermanence is appropriately executed in paper.



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'The Art Of Letting Go'

is a site specific installation engaging both long walls defining the elongated narrow space and reflects on changes big and small in lives lived.

The viewer is invited to witness and experience the ever re-occurring process of inner revolution towards temporary resolution leading to reinvention through repurposing.

This fragile exercise in impermanence is appropriately executed in paper.

The **East Wall** is dedicated to a two dimensional concept of stasis, largely dark and monochromatic. It represents the stage of coming to terms with an untenable situation accompanied by brooding stillness, deliberation and recognition. This modular piece takes its narrative from a German saying "Abwarten und Tee trinken" (literally: "Wait and drink tea"), which invites us to deliberately exercise patience, to wait for things to resolve on their own or to wait for the appropriate moment to make a change. Hence the triptych bears the title '**WaitandTea**'.

The **West Wall** represents a three dimensional concept of colorful movement, wrapping things up, moving on, getting on a roll. The tubes hold memories and promises with hidden secrets, most invisible to the eye and full of possibilities. If you unravel the strands of what is holding you back, you may perhaps emerge from your cocoon and take flight like the butterflies. This modular three part paper sculpture is titled '**InARoll**', a composite of being 'On a Roll' and the mechanisms of 'Tube Mail', which refers to the interactive component of the installation



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Interact With and Be a Part of "InARoll"

This modular three piece paper sculpture presents a composite of being "On a Roll" and utilizing "Tube Mail", which indicates the **interactive component**.

Traverse the space to the window. The bench at the window represents a *Contemplation Station* - have a seat and contemplate what is before you.

What is it that you would like to let go - what holds you back, what would you like to change?

We all know this process. We wait for the right moment to present itself to make an attempt at moving on and ridding ourselves of paralysis. We seek to shed what we can no longer accept, to say No to what we no longer desire and look for the color and light to just be.

Think of ONE thing.

Go to the podium, take a sheet of paper from the clipboard and write it down.

Crumple the note into a ball and -

Cast it off into one of the rolled paper tubes on the wall.

Mail it. Take flight. Leave it here. Begin again.

Once we peel ourselves away from being pinned down we can begin to roll up the fabric of who we are and move forward to a newfound lightness, begin to soar and take flight.

Thus 'InARoll' may morph into a Wishing Wall of Overcoming.

At the end of the exhibition the Artist will retrieve all the notes from the rolled paper tubes and incorporate them in her next project which will secretly hold your memories and promises. You can move on - weighed down by one less thing.

Give it away. Let go of it. Let it become something else.